

Moving From Fear To Hope

Touching Base – What’s going on in our lives ... any highs or lows?

Reflecting – What have you thought about, applied to your life, or shared with others from our last discussion?

Today’s Topic – Read the passages from the Bible and let’s retell them in our own words.

John 16:33

³³Jesus said, “I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world.”

Jeremiah 29:11

¹¹“For I know the plans I have for you.” says the Lord. “They are plans for good and not for disaster, to give you a future and a hope.”

Deuteronomy 31:6

⁶So be strong and courageous! Do not be afraid and do not panic before them. For the Lord your God will personally go ahead of you. He will neither fail you nor abandon you.

Isaiah 26:3

³³You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!

Psalms 56:3-4

³But when I am afraid, I will put my trust in you. ⁴I praise God for what He has promised. I trust in God, so why should I be afraid? What can mere mortals do to me?

Discussion Questions

1. What do these passages tell us about God?
2. What do these passages tell us about people?
3. What else did you learn from these passages?
4. If you believed these passages were true, what could be the benefits and how might you apply them to your life?
5. What about these passages could you share with someone else, and who might that be?